



OFFICE OF THE PRINCIPAL  
**CACHAR COLLEGE**



REACCREDITED BY NAAC WITH "B" GRADE  
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Date:- 16/01/2026

## NOTICE

This is for information to all concerned that, Mental Health and Wellness Cell, Cachar College and District Health Society, Cachar is organising an awareness camp on Mental Health & Tobacco Control under District Mental Health Programme (DMHP) & National Tobacco Control Programme NTCP on 17th January (Saturday) at 11 AM in Room 018 (Ground Floor). The programme aims to sensitise the students and faculty members regarding mental health issues and the harmful effects of tobacco consumption.

All the faculty members, Non-teaching staff and students are requested to attend the programme.

*Nayana Goswami*  
16/01/2026

Nayana Goswami

Convenor

Mental Health & Wellness Cell,  
Cachar College, Silchar

*Dr. Apratim Nag*  
16/01/2026

Dr. Apratim Nag

Principal

Cachar College, Silchar