

**Annual Report on
NSS Regular Activities
2024-2025**



Prepared By,
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**NATIONAL SERVICE SCHEME
CACHAR COLLEGE SILCHAR -01
2025**

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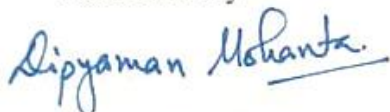
DECLARATION

The report titled "**Annual Report on NSS Regular Activities 2024–2025**" is hereby declared to be a true and authentic record of the various programs and activities carried out by the **National Service Scheme (NSS) Unit of Cachar College, Silchar**, during the academic year 2024–2025.

This report has been prepared based on the regular activities conducted under the National Service Scheme, in accordance with the guidelines issued by the NSS Cell, Assam University, and the Ministry of Youth Affairs & Sports, Government of India. The activities documented herein were undertaken with the active involvement of NSS volunteers, under the supervision of the Programme Officer, and with the guidance and approval of the Principal of Cachar College.

The report is being submitted to the Principal, Cachar College, Silchar, for kind perusal and necessary approval.

Submitted By



Dr. Dipyaman Mohanta
Programme Officer
NSS Cachar College Unit
Programme Officer
National Service Scheme
Cachar College Unit

Approved By



Dr. Apratim Nag
Principal
Cachar College, Silchar
Principal
Cachar College, Silchar-

INTRODUCTION

The National Service Scheme (NSS) Unit of Cachar College, Silchar, has continued to embody its unwavering commitment to social responsibility, community engagement, and nation-building throughout the academic session. Anchored in the spirit of “*Not Me, But You*,” the Unit stands as a vibrant forum where students grow into compassionate, socially conscious, and responsible citizens.

Aligned with the vision and mission of Cachar College, dedicated to fostering holistic development, civic participation, and environmental stewardship, the NSS Unit has organized a variety of impactful activities over the year. The initiatives undertaken during the session included plantation drives under the *Ek Pedh Maa Ke Naam Campaign* and *Amrit Brikshya Abhiyan 2.0*, awareness campaigns through the *Nasha Mukh Bharat Abhiyan*, cleanliness and sanitation activities as part of the *Swachhata Hi Seva Campaign*, and a blood donation camp. The Unit also organized an Inter-College Quiz Competition to observe *World AIDS Day*, a science fair to promote women in science, and programs on sustainable WASH practices, personal hygiene, and environmental awareness. Each of these activities was thoughtfully designed to instill discipline, encourage service, and strengthen the spirit of collective responsibility among volunteers.

Through its sustained efforts, the NSS Unit of Cachar College continues to uphold the values of inclusivity, social justice, and service to the nation, empowering students to emerge as torchbearers of positive change in society.

ENROLLMENT DRIVE

On 24th September 2024, the NSS Unit of Cachar College successfully organized an Enrollment Drive to commemorate *NSS Day*, symbolizing the beginning of a fresh cycle of service, leadership, and learning. A total of 100 new volunteers were formally enrolled through the *My Bharat Portal*—the national digital platform dedicated to youth engagement and volunteerism.

As part of the program, participants were given a detailed orientation on the My Bharat Portal. Volunteers were guided step by step through the registration process and familiarized with its key features and functionalities. Special emphasis was placed on how the portal acts as a vital gateway to nationwide campaigns, upcoming opportunities, and recognition of volunteer contributions.

The Programme Officer highlighted the ethos and objectives of the National Service Scheme, inspiring students to view NSS not merely as a college-level engagement but as a lifelong commitment to social service and nation-building. Volunteers were encouraged to recognize the transformative role that NSS plays in shaping personal growth, social responsibility, and leadership skills.

The event concluded on an enthusiastic note, with newly enrolled volunteers expressing their eagerness to actively contribute to the Unit's upcoming initiatives. By instilling a spirit of commitment and service from the very outset, the enrollment drive laid a strong foundation for meaningful participation in both regular and special activities planned for the academic year—reinforcing Cachar College's vision of blending academic excellence with community engagement.

LIST OF NEWLY ENROLLED NSS VOLUNTEERS (SESSION 2024-2025)

Name	Father's Name	Mother's Name	Mobile Number	Sex	Age	Sem	Stream	Department
Chamili Amin Barbhuiya	Amir Uddin Barbhuiya	Momtaz Begum Barbhuiya	6002208270	F	18	First Semester	Commerce	Commerce
Eyasmin sultana Barbhuiya	Sirajul hoque Barbhuiya	Rustana begum Barbhuiya	6001459126	F	20	First Semester	Science	Zoology
Maruf Ahmed Laskar	Jakir Hussain Laskar	Momotaz Begom Laskar	9957653046	M	17	First Semester	Science	Zoology
Shah Alom Barbhuiya	Akbar Hussain Barbhuiya	Parbin Sultana Laskar	9395653288	M	19	First Semester	Arts	English
Parbin Aktar Barbhuiya	Tasib uddin Barbhuiya	Anowara Begum Barbhuiya	8638330245	F	20	First Semester	Arts	English
Rahul Das	Shyama Prasad Das	Lucky Rani Das	9394733191	M	18	First Semester	Commerce	Commerce
Surajit Roy	Sujit Roy	Papiyaroy	8099356278	M	18	First Semester	Commerce	Commerce
Manifa Begum Barbhuiya	Fakar uddin Barbhuiya	Ranjana Begum Barbhuiya	7099842112	F	18	First Semester	Arts	Bengali

Snigdha Choudhury	Abhijit Choudhury	Rupu Chakraborty	9401775505	F	18	First Semester	Arts	Political Science
Bishal Goala	Monoj Goala	Suchitra Goala	9395348327	M	18	First Semester	Science	Statistics
Saurab Goala	Shyam Dhar Goala	Sangita Goala	8822968798	M	18	First Semester	Science	Statistics
Jainreiliu Meiringmei	Ningchui Meiringmei	Ph Ringjuanliu	7005985085	F	18	First Semester	Commerce	Commerce
Anit Das	Hari Mohan Das	Anita Das	8822471404	M	18	First Semester	Commerce	Commerce
Sadiya Mazumder	Abdul Sukkur Mazumder	Monara Begum Mazumder	9395759282	F	18	First Semester	Arts	Philosophy
Bipul Das	Bishnu lal Das	Sabita Das	8811842481	M	20	First Semester	Commerce	Commerce
Saurav choudhury	Satya ranjan choudhury	Kabita choudhury	6001929546	M	19	First Semester	Commerce	Commerce
Sornali Rani Das	Sadhan kumar Das	Babli Das	6002646592	F	18	First Semester	Science	Botany
Rash Karmakar	Gopal karmakar	Lipika Karmakar	9395175958	M	17	First Semester	Arts	Philosophy
Abul Fazal Talukdar	Islam Uddin Talukder	Jaida begom Mozumder	9395112270	M	21	First Semester	Science	Chemistry
Priyomoy Roy	Dinesh Roy	Anita Roy	8099845726	M	21	First Semester	Arts	History
Jakaria Ahmed Barbhuiya	Mizazur Rohman Barbhuiya	Laila Begom Barbhuiya	9957921887	M	22	First Semester	Science	Mathematics
Sabana Begum	Ashab uddin	Laila begum	7099752730	F	18	First Semester	Science	Mathematics
Salman Uddin Laskar	Abdul Sabur Laskar	Fojira Begom Laskar	9435313354	M	20	First Semester	Science	Physics
Jahangir Alom Laskar	Safiqul Hoque Laskar	Rehana Begum Laskar	6002867393	M	18	First Semester	Arts	Political Science
Sudipta paul	Subodh candra paul	Sarala bala paul	9085402839	F	17	First Semester	Commerce	Commerce
Kishore Bhattacharjee	Krishna Bhattacharjee	Sarbani Bhattacharjee	6901096623	M	19	First Semester	Science	Economics
Priyanka Saha	Sankar Saha	Pranati Saha	8473973371	F	18	First Semester	Commerce	Commerce
Sahin Uddin Laskar	Sahab Uddin Laskar	Rehana Begum Laskar	8133028811	M	20	First Semester	Arts	Economics
Jayed Hussain Laskar	Jahurul Islam Laskar	Anowara Begum Barbhuiya	8822913897	M	18	First Semester	Science	Chemistry
Mohmed Tarique	S Nazim Uddin	Bibi Reiya Begum	8638827837	M	19	First Semester	Arts	Philosophy
Mahammed Fahim Barbhuiya	Mustafa Ali Barbhuiya	Zeenath Afza Barbhuiya	6000575536	M	18	First Semester	Science	Zoology
M pinky singha	M purno-chandra singha	M leibaklei singha	9864235165	F	17	First Semester	Arts	Manipuri
Resma begum	Wazi uddin	Jamira begum	7002116822	F	18	First Semester	Science	Physics
Jabin Akthar Laskar	Robiz Uddin Laskar	Roushanara Begum Laskar	7002935932	F	18	First Semester	Science	Physics

Jalin Akthar Laskar	Robiz Uddin Laskar	Roushanara Begum Laskar	7002935932	F	18	First Semester	Science	Physics
Sayed Ahmed Mazumder	Mohib Uddin Mazumde	Minara Begum Mazumde	9394980418	M	19	First Semester	Arts	Philosophy
Rajaul Hanif Talukdar	Rakib Ali Talukdar	Rajia Begom Talukdar	9401050113	M	19	First Semester	Science	Physics
Sums Uddin Borbhuiya	Nizam Uddin Borbhuiya	Dulu Begom Borbhuiya	9365215505	M	21	First Semester	Science	Physics
Tajmin Sultana Laskar	Asman Ali Laskar	Fulbahar Begum Laskar	6003558863	F	20	First Semester	Science	Botany
Lakshmi Chanda	Birendra Chanda	Gouri Chanda	8399091370	F	18	First Semester	Commerce	Commerce
Kaushal kurmi	Kanti lal Kurmi	Taramoti kurmi	9678456824	M	20	First Semester	Science	Statistics
Tanhaz Hussain Laskar	Babul islam laskar	Rita begum laskar	6900553274	M	20	First Semester	Commerce	Commerce
Shibayan Chanda	Monoj Kumar Chanda	Shima Chanda	9435349545	M	18	First Semester	Arts	Political Science
Nahed Ahmed Mazumder	Nurul Huda Mazumder	Takmina Begum Mazumder	7637914281	M	20	First Semester	Commerce	Commerce
Amin islam barbhuiya	Taj uddin barbhuiya	Afsana begum barbhuiya	9365767637	M	18	First Semester	Commerce	Commerce
Sohan choudhary	Runu choudhary	Minu choudhary	7086370212	M	18	First Semester	Science	Mathematics
Sajel Uddin	Samsul Uddin	Aleya Begom	6002475406	M	17	First Semester	Science	Mathematics
Suma Parbin	Tajul Islam	Nurjahan Begum	8822714877	F	19	First Semester	Science	Chemistry
Sanjoy Barman	Nirmal Barman	Sunoti Barman	6901744681	M	19	First Semester	Commerce	Commerce
Nishan Ahmed choudhury	Abdul Rashid choudhury	Monowara begum choudhury	9387430531	M	19	First Semester	Commerce	Commerce
Anup Chanda	Nishi Ram Chanda	Mallika Chanda	6000864055	M	18	First Semester	Commerce	Commerce
Digbijoy Deb	Dipak Deb	Soma Deb	8011961640	M	18	First Semester	Arts	Political Science
Shaharul Amin Barbhuiya	Abdul jalil Barbhuiya	Saima khatun laskar	9365626685	M	20	First Semester	Commerce	Commerce
Calvin paominsang lhouzem	Paokholun lhouzem	Zaithangmawi lhouzem	9365503139	M	18	First Semester	Arts	English
Sajida yeasmin Choudhury	Nurul hussain Choudhury	Thabllel begum	6003755692	F	17	First Semester	Arts	Manipuri
Prabin Singha	Punsi Singha	Ushabati Singha	8822993823	M	19	First Semester	Science	Mathematics
Deboshree Das	Ananta lal Das	Shibani Das	8473963560	F	18	First Semester	Arts	Political Science
Juhee Goala	Joy Kumar Goala	Rita Goala	+91 78965 96696	F	19	First Semester	Arts	Hindi
Punam deb	Tapash kumar deb	Purnima deb	9387883526	F	18	First Semester	Arts	Bengali
Beautriely Barman	Biswajit Barman	Sabita Barman	8638857097	F	18	First Semester	Arts	English

Purnima das	Nripendra das	Suma das	6002448298	F	19	First Semester	Arts	Political Science
Nurjana Khanam	Saidur Rahman	Nuch Nehar Khanam	9954343123	F	9/2/2007	First Semester	Arts	Bengali
Tanushree kurmi	Jyoti Lal kurmi	Anjali Rani kurmi	9387785546	F	19	First Semester	Arts	Sanskrit
Madhumita Das	Bimalangshu Das	Sutapa Das	9365103193	F	19	First Semester	Arts	Political Science
Sagarika ghosh adhikari	Subhash ghosh adhikari	Pratima ghosh adhikari	9476633842	F	18	First Semester	Arts	English
Suraj malakar	Amal malakar	Krishna malakar	6026356950	M	18	First Semester	Arts	Bengali
Rajwan Ahmed laskar	Abul Hussain laskar	Sabana begum laskar	9101050723	M	18	First Semester	Science	Zoology
Priyanka Das	Probal Das	Rompa Das	8638019284	F	18	First Semester	Commerce	Commerce
Punam Paul	Prankrishna Paul	Mira Paul	9387183303	F	18	First Semester	Arts	Bengali
Asif Ahmed Mazumder	Abidur Rahman Mazumder	Nasima Begum Mazumder	9401910242	M	17	First Semester	Arts	English
Mahesh sharma	Rajesh kumar sharma	Imasena sharma	6002476376	M	19	First Semester	Commerce	Commerce
Arpita Paul	Animesh Paul	Bornali Paul	6002911813	F	17	First Semester	Commerce	Commerce
Maharshi kar	Mrinal kanti kar	Mukta rani kar	6003984397	M	18	First Semester	Arts	Economics
Rose Thlamuongkim	Thangsumlie n	Ralkapzo	7577981654	F	18	First Semester	Arts	English
Parbhej Hussain Raj barbhuiya	Nizam Uddin Raj barbhuiya	Reksana begum Raj barbhuiya	6901789052	M	18	First Semester	Arts	Economics
Taslima Begum Choudhury	Burhan Uddin Choudhury	Rina Begum Choudhury	6900528626	F	18	First Semester	Arts	Manipuri
Dibya sharmacharjee	Mithu sharmacharjee	Mukti sharmacharjee	9365343930	M	19	First Semester	Arts	Political Science
Anamika Roy	Anjan Roy	Simu Roy	9401755078	F	17	First Semester	Commerce	Commerce
Nasreen Begum	Nazir Uddin Khan	Nurina Begum	9387946494	F	18	First Semester	Arts	Manipuri
Moni Das	Jaladhan Das	Sushta Das	9864457501	F	23	First Semester	Arts	Political Science
Bilal Ahmed	Ala Uddin	Mastana Begum	9707165933	M	19	First Semester	Arts	Philosophy
Mahmuda aktar barbhuiya	Ruhul Amin Barbhuiya	Afiya Begum Barbhuiya	7002697472	F	18	First Semester	Arts	Philosophy
Biswadip Chakraborty	Biswajit Chakraborty	Suparna chakraborty	9394721728	M	18	First Semester	Commerce	Commerce
Alema begum	Alim uddin	Nurun nessa begum	9707515510	F	17	First Semester	Science	Mathematics

Sarajith Baishnab	Ishwar Baishnab	Lakhi Baishnab	0864118161	M	21	First Semester	Science	Mathematics
Deyanjali Das	Dipak kanti Das	Sipra Rani Das	7637970993	F	20	First Semester	Commerce	Commerce
Joyshree Rajbongshi	Priyanath Rajbongshi	Joydevi Rajbongshi	7099977428	F	18	First Semester	Commerce	Commerce
Nasima Begum Ahmed	Nasir Uddin Ahmed	Alena Begum Ahmed	9954113432	F	18	First Semester	Arts	Bengali
N Rajmani Singha	N Binoy singha	Romina singha	8453657463	M	18	First Semester	Commerce	Commerce
Y Sandeep Kumar Singha	Y Dilip Kumar Singha	O Sobita Singha	7002031874	M	17	First Semester	Science	Chemistry
Arijit Das	Arobinda das	Mitali das	9864823537	M	19	First Semester	Commerce	Commerce
Karan Sinha	Fullochandra Sinha	Purnalakshmi Sinha	9395389123	M	18	First Semester	Arts	Political Science
Disant Barman	Dharmendra Barman	Soma Barman	6900728068	M	19	First Semester	Commerce	Commerce
Gourav Dey	Gautam Dey	Jayita dey	8402833144	M	18	First Semester	Commerce	Commerce
Akib Hussain Barlaskar	Shahud Ahmed Barlaskar	Sahida Osma Ara Barlaskar	9101483602	M	20	First Semester	Commerce	Commerce
Abhijit das	Joyjishore das	Anandita das	6002403655	M	21	First Semester	Arts	Sanskrit
Bipon Bhumij	Porimal Bhumij	Gita Bhumij	8134924431	M	18	First Semester	Commerce	Commerce
Kakoli barman	Kanai barman	Mala barman	8822915941	F	19	First Semester	Arts	Economics
Nazifa aktar Mazumder	Sadique uddin Mazumder	Gul nehar begum Mazumder	6000141699	F	18 years	First Semester	Arts	Bengali
Shilajit chakraborty	Santanu chakraborty	Sangita chakraborty	8876381903	M	20	First Semester	Arts	English
Swarupa Purkayastha	Sanjay kumar Purkayastha	Sudipta Purkayastha	6901657231	F	18	First Semester	Arts	Economics

NSS REGULAR ACTIVITY 01

Name of the Event	Plantation Drive under Amrit Brikshya Andolan 2024
Organised by	NSS Cachar College Unit
Date, Time & Venue of the event	Date: 19 th August 2024 Time: 1 PM Venue: Cachar College, Silchar
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	Md. Shams Uddin, Vice-Principal, Cachar College, Silchar
Activities	Plantation Drive at College Campus
Number of Students Participants (A) (attach attendance sheet)	05
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	05
Total Number of Participants (A+B)	10
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS Unit of Cachar College, Silchar, successfully organized a plantation drive on the college campus as part of the *Amrit Brikshya Andolan 2024*. The program began with participants taking the “*Panch Pran*” pledge, affirming their commitment to national growth, unity, and environmental stewardship.

On this occasion, Md. Shamsuddin, Associate Professor, Department of History, delivered an insightful lecture on the importance of plantation in safeguarding the environment and ensuring ecological balance. The event witnessed active participation from both NSS volunteers and faculty members, reflecting a shared sense of responsibility towards sustainable development.

As a symbolic gesture of this commitment, saplings were planted across the campus. The plantation drive not only enhanced the natural beauty of the college grounds but also served as a powerful reminder of the collective duty to protect the environment and work towards a greener, sustainable future.



Programme Officer
NSS, Cachar College Unit

Photographs:



NSS REGULAR ACTIVITY 02

Name of the Event	Swachhata Hi Seva Campaign 2024
Organised by	NSS Cachar College Unit
Date, Time & Venue of the event	Date: 29 th September 2024 to 2 nd October 2024 Time: 10 AM to 1:00 PM Venue: Cachar College, Silchar
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	
Activities	<ol style="list-style-type: none"> 1. Swachhata Shramdan at Silchar Railway Station 2. Swachhata Shramdan at Cachar College Silchar 3. Swachhata Swachetana Rally 4. Waste to Art Contest
Number of Students Participants (A) (attach attendance sheet)	250
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	10
Total Number of Participants (A+B)	260
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS Unit of Cachar College, Silchar, organized a four-day program under the *Swachhata Hi Seva Campaign 2024*, reaffirming its commitment to cleanliness, community service, and environmental responsibility. The campaign featured a series of impactful activities designed to create awareness, instill discipline, and promote a culture of cleanliness both within and beyond the campus.

The initiative began with a Cleanliness Drive at Silchar Railway Station. Volunteers enthusiastically engaged in removing litter, spreading awareness among passengers, and interacting with local vendors to emphasize the significance of collective action in keeping public spaces clean. Their visible efforts inspired onlookers and reinforced the message that cleanliness is a shared duty. On the second day, NSS volunteers, along with faculty members, actively participated in cleaning classrooms, corridors, and common spaces of the college premise. This activity not only ensured a healthier learning environment but also highlighted the importance of individual responsibility in maintaining hygiene.

To further strengthen the campaign's impact, a Rally for Cleanliness Awareness was organized, where volunteers marched with banners and slogans, sensitizing the local community about the importance of sanitation, waste management, and personal hygiene.

The campaign concluded with a creative and engaging Waste-to-Art Contest, encouraging students to recycle waste into meaningful and artistic items. This event not only showcased innovation and talent but also conveyed the message of sustainable practices.

Through these activities, NSS volunteers gained hands-on experience in social service, developed leadership qualities, and were motivated to practice cleanliness in their daily lives while inspiring others to do the same. The four-day campaign successfully nurtured values of discipline, responsibility, and collective action—truly embodying the spirit of “*Swachhata Hi Seva*.”



Programme Officer
NSS, Cachar College Unit

Date: 29/09/2024

Activity: Swachhata Shramdan at Silchar Railway Station

Number of Volunteers participated: 98

The NSS volunteers of Cachar College Unit actively participated in the Swachhata Shramdan at Silchar Railway Station, a key hub in Silchar town. Demonstrating excellent teamwork, the volunteers collected approximately 35 kg of plastic waste from the railway platform and its surrounding areas. In addition to the cleanup effort, they engaged with local residents, spreading awareness about the importance of cleanliness and proper waste management. Photographs documenting the activity are provided below.



Swachhata Shramdan by volunteers of NSS Cachar College Unit at Silchar Railway Station

Date: 30/09/2024

Activity: Swachhata Shramdan at Cachar College Silchar

Number of Volunteers participated: 75

The NSS volunteers of Cachar College Unit conducted a comprehensive cleanliness drive within the college campus and its surrounding areas. During the drive, they successfully collected around

15 kg of plastic waste. In addition to the cleanup, the volunteers actively engaged with fellow students, encouraging them to adopt eco-friendly habits, such as bringing reusable water bottles, to reduce the use of single-use plastic bottles on campus. The initiative aimed to foster greater environmental responsibility among the student community. A few photographs of the event are provided below.



Swachhata Shramdan by volunteers of NSS Cachar College Unit at Cachar College, Silchar and its surrounding areas

Date: 01/10/2024

Activity: Swachhata Swachetana Rally

Number of Volunteers participated: 230

The NSS volunteers and students of Cachar College, Silchar, organized a “Swachhata Swachetana Rally,” marching from the college campus to key locations across Silchar town. The rally aimed to raise awareness about cleanliness and hygiene among the local community. Along the way, students engaged with residents, urging them to maintain cleanliness in public spaces and adopt hygienic practices in their daily lives. This initiative sparked positive interactions and promoted a shared sense of responsibility toward a cleaner environment. Below are a few photographs capturing moments from the rally.



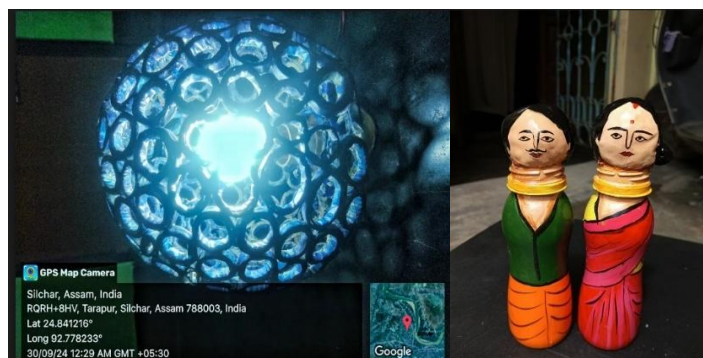
Volunteers of NSS Cachar College Unit participating in Swachhata Swachetana Rally

Date: 02/10/2024

Activity: Waste to Art Contest

Number of Volunteers participated: 10

In celebration of Swachha Bharat Diwas, the NSS volunteers of Cachar College, Silchar, organized a "Waste to Art" contest. The event highlighted creative ways to repurpose plastic waste into artistic and functional pieces. Volunteers displayed their ingenuity by transforming discarded materials into unique works of art, promoting sustainability through creativity. Below are some photographs showcasing the artistic creations from the contest.



Artifacts created by waste plastic bottles and other wastes by NSS volunteers of Cachar College

NSS REGULAR ACTIVITY 03

Name of the Event	Ek Ped Maa Ke Naam Campaign
Organised by	NSS Cachar College Unit
Date, Time & Venue of the event	Date: 1 st October 2024 Time: 8 AM Venue: Cachar College, Silchar
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	
Activities	Plantation Drive at College Campus
Number of Students Participants (A) (attach attendance sheet)	180
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	2
Total Number of Participants (A+B)	182
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS Unit of Cachar College actively participated in the “Ek Ped Maa Ke Naam” Campaign, an initiative dedicated to fostering environmental responsibility and emotional bonding with nature. As part of the program, around 180 NSS volunteers came together to plant saplings across the college campus, transforming the event into a meaningful step towards a greener and healthier environment.

The campaign was not only about plantation but also about instilling a deeper sense of care, empathy, and responsibility among the volunteers. Each participant pledged to nurture the saplings by ensuring regular watering, proper fencing, and protection throughout their tenure in the college. This personal commitment created a strong emotional connection between the volunteers and their plants, symbolizing growth, resilience, and sustainability.

The event successfully reinforced the values of environmental stewardship and collective responsibility, while adding to the natural beauty of the Cachar College campus.



Programme Officer
NSS, Cachar College Unit

Photographs:



NSS REGULAR ACTIVITY 04

Name of the Event	Awareness Session on Drugs Abuse under Nasha Mukta Bharat Abhiyan
Organised by	NSS Cachar College Unit in association with Department of Social Justice & Empowerment in collaboration with Cachar District Administration
Date, Time & Venue of the event	Date: 13 th November 2024 Time: 11 AM Venue: Cachar College, Silchar
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	
Activities	Awareness Talk on Combating Drug Abuse
Number of Students Participants (A) (attach attendance sheet)	250
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	55
Total Number of Participants (A+B)	305
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS Unit of Cachar College, in association with the Department of Social Justice & Empowerment, in collaboration with the Cachar District Administration, and supported by organizations such as *Shilpangan*, *Netaji Bhatra Yuba Sangstha*, *Thousand Sayantan*, and *Aarya Youth Organization*, successfully organized an awareness campaign on drug abuse under the *Nasha Mukh Bharat Abhiyan*.

The program aimed to sensitize students and volunteers about the rising menace of drug abuse and its devastating impact on youth and society. The session was graced by Mr. Samim Ahmed, CDPO, Kalain, who delivered an insightful lecture on the causes, consequences, and long-term challenges of drug addiction. He emphasized how substance abuse not only destroys individuals but also erodes families, communities, and the nation's future.

Adding further depth to the campaign, eminent representatives from leading NGOs, including Ms. Dipali Dey, Ms. Somita Bhattacharjee, and Mr. Rohit Choudhury, addressed the gathering. They highlighted the importance of awareness, early intervention, and collective responsibility in combating the spread of drug abuse. Their interaction with the students created an open space for dialogue, enabling young minds to ask questions and share perspectives.

The campaign concluded with a dance performance by NSS volunteers. All participants took a solemn pledge to stay away from drugs and to spread awareness in their communities. The event not only deepened understanding of the issue but also strengthened the volunteers' resolve to work towards a drug-free society.



Programme Officer
NSS, Cachar College Unit

Photographs:



NSS REGULAR ACTIVITY 05

Name of the Event	Inter College Quiz Competition to Observe World AIDS Day 2024
Organised by	NSS Cachar College Unit in association with NCC, Cachar College and Red Ribbon Club, Cachar College
Date, Time & Venue of the event	Date: 1 st December 2024 Time: 11 AM Venue: Online
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	
Activities	Online Quiz Competition
Number of Students Participants (A) (attach attendance sheet)	30
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	Nil
Total Number of Participants (A+B)	30
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS unit of Cachar College, Silchar, organized an Online Quiz Contest on 1st December 2024 to commemorate World AIDS Day 2024 and raise awareness about HIV and AIDS. The event was conducted in collaboration with the NCC unit and the Red Ribbon Club (RRC) of the college. This year, the theme “Take the Right Path. My Health, My Right!” emphasized the significance of health rights and the collective responsibility to combat the stigma surrounding HIV/AIDS.

The online quiz attracted enthusiastic participation from 50 students across various colleges in the Cachar region. The contest lasted 30 minutes, from 11:00 AM to 11:30 AM, and included 60 multiple-choice questions (MCQs). Questions were carefully designed to address common misconceptions about HIV/AIDS, promote preventive measures, and encourage participants to understand the social and health-related challenges faced by people living with HIV. Participants' scores were calculated automatically based on both accuracy and speed, ensuring a fair and transparent competition.

The top three performers were acknowledged and presented appreciation certificates for their excellent performance:

1. Bikash Singha

Email: singhabikash174@gmail.com

Score: 60/60

2. Anamika Das

Email: ld658244@gmail.com

Score: 58/60

3. Shalloni Singha

Email: shallonisingha2@gmail.com

Score: 56/60

The event was highly successful in fostering awareness among students and reinforcing the importance of health rights, preventive strategies, and social responsibility.



Signature
Programme Officer
NSS Cachar College Unit



Signature
~~Coordinator~~
Secretary
Red Ribbon Club
Cachar College Silchar



Signature
3 Assam Bn NCC
Cachar College
Silchar



Signature
62 Assam (G) Bn
NCC
Cachar College
Silchar

List of Participants

Sl. No.	Name	Email ID	College	Stream	Semester	Contact No.
1	Deep Baishnab	baishnabdeep22@gmail.com	Cachar College	Arts	5	9387881912
2	Liza Das	lizadas20062006@gmail.com	Cachar College	Science	3	8134093330
3	Debnath	fairmro14@gmail.com	Cachar College	Science	3	7896294959
4	Saurab Das	dassourav0882@gmail.com	Cachar College	Arts	1	8402091245
5	Ranjit Baishnab	chiranjitbaishnab95@gmail.com	Cachar College	Science	3	8761008574
6	Sandip Debnath	sandipdebnath923@gmail.com	Cachar College	Arts	1	8011957958
7	Suhani Nasrin Mazumdar	nainamazumdar3@gmail.com	Cachar College	Science	5	9365059707
8	Ruksana Begam Mazumder	abdulkhaliquemazumder09@gmail.com	GC College	Science	1	6901983609
9	Sumit Roy	rosumitroy9999@gmail.com	Cachar College	Commerce	1	7099441510
10	Bikash Singha	singhabikash174@gmail.com	Cachar College	Science	5	9707570773
11	Samiul Basir Laskar	as18282071512@gmail.com	Cachar College	Arts	5	9864810794
12	Jannat Yasmin Laskar	jannatlaskar18@gmail.com	Cachar College	Arts	1	6000740876
13	Rabina Aktar Laskar	rabinalaskar065@gmail.com	Cachar College	Arts	5	8753991839
14	Zarin Aktar Laskar	zarinlaskar7@gmail.com	Cachar College	Science	5	6900694790
15	Liza Anam Mazumder	lizamazumder332@gmail.com	Cachar College, Silchar	Arts	1	8133943218
16	Samima Begum Barbhuiya	samimabarbhuiya327@gmail.com	Cachar College	Science	5	6002328421
17	Suprity Singha	supritysingha29@gmail.com	Cachar College	Arts	3	8822389087
18	Dibba Paul	dibbapaul14@gmail.com	Cachar College	Science	1	8134891089
19	Pushpa Koiri	pushpakoiri350@gmail.com	Cachar College	Arts	3	7399988471
20	Ruksar Taher Laskar	ruksarlaskar09@gmail.com	Swami Vivekananda College, Chandkhir	Science	3	6000326516

21	Tapash Sarkar	sarkartapash588@gmail.com	Cachar College, Silchar	Arts	1	8638912464
22	Pijush Sinha	pijushsinha2005@gmail.com	GC College	Science	5	9387803833
23	Anamika Das	ld658244@gmail.com	Cachar College	Arts	5	9864810794
24	Debakshi Das	dasdebakshi99@gmail.com	Cachar College	Arts	1	9365192265
25	Rounaq Tasmin	ranjanabegummazumder413@gmail.com	Cachar College	Science	3	8822979801
26	Deependra Kumar	deependrak143@gmail.com	Cachar College	Commerce	5	7629052973
27	Redwan Barbhuiya	redwanbarbhuiya42@gmail.com	MC Das College, Sonai	Arts	1	7636021989
28	Aparajita Dipanwita	dasar211975@gmail.com	Cachar College	Science	1	9101797109
29	Saibriam Manitan	chiromboys@gmail.com	Cachar College	Arts	1	9365832937
30	Rohminglian Singha	rohmingliansaihriam33@gmail.com	Cachar College	Science	3	8822922781

NSS REGULAR ACTIVITY 06

Name of the Event	Voluntary Blood Donation Camp
Organised by	NSS Cachar College Unit in association with Lions Club of Silchar Lioness and Blood Centre, S.M. Dev Civil Hospital, Silchar
Date, Time & Venue of the event	Date: 10 th February 2025 Time: 11 AM Venue: Cachar College, Silchar
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	Dr. Shibananda Roy, Joint Director Cum Member Secretary, DHS Cachar
Activities	<ol style="list-style-type: none"> 1. Signing of MoU with the Joint Director of Health Services for voluntary blood donation. 2. Organization of voluntary blood donation drive.
Number of Students Participants (A) (attach attendance sheet)	23
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	07
Total Number of Participants (A+B)	30
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS Unit of Cachar College has taken the initiative to formalize a collaboration between Cachar College and the Joint Director of Health Services, Cachar, to achieve shared public health goals. A Memorandum of Understanding (MoU) was signed on 10th February 2025 between the District Health Society, Cachar, and Cachar College, Silchar. The purpose of this MoU is to establish a cooperative framework between the Health Department and Cachar College to promote public health awareness, encourage health-seeking behaviour among teaching and non-teaching staff as well as students, and facilitate community health initiatives.

Scope of Collaboration:

Ayushman Bharat Digital Mission (ABDM): Under the ABDM programme of the Government of India, staff from the Health Department will visit the college to orient faculty, staff, and students on creating their Ayushman Bharat Health Accounts (ABHA). An ABHA creation kiosk will be set up at Cachar College to facilitate the process.

Blood Donation Camps: The college will organize blood donation camps on a quarterly basis, encouraging staff and students to participate. The S.M. Dev Civil Hospital will depute staff during these events, and the Blood Centre of the hospital will prioritize blood supply to staff and students during emergencies, subject to availability. Both parties will contribute resources and expertise to ensure the success of these initiatives.

The MoU was officially signed by Dr. Shibananda Roy, Joint Director cum Member Secretary, DHS Cachar, and Md. ShamsUddin, Vice Principal of Cachar College, Silchar, on 10th February 2025.

On the same day, the NSS Unit of Cachar College, in association with the Lions Club of Silchar Lioness and the Blood Centre, S.M. Dev Civil Hospital, Silchar, organized a blood donation drive in which 23 volunteers donated blood. This initiative empowered the volunteers to contribute to society and help save lives.



Programme Officer
NSS, Cachar College Unit

Photographs:



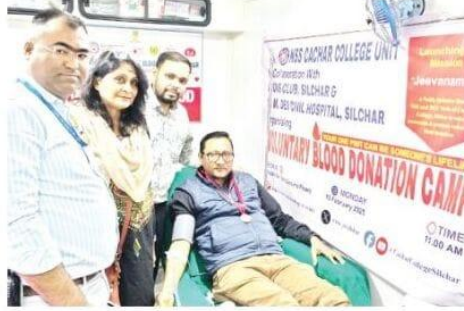
Newspaper Report:

কাছাড় কলেজ ও জেলা স্বাস্থ্য সোসাইটির মধ্যে সমঝোতা চুক্তি, রক্তদান শিবিরের আয়োজন

যুগশক্তি প্রতিবেদন
শিলচর। ১২ ফেব্রুয়ারি

জনস্বাস্থ্য সচেতনতা ও স্বাস্থ্যসেবা উদ্যোগকে এগিয়ে নিতে কাছাড় কলেজ এবং কাছাড় জেলা স্বাস্থ্য সোসাইটির মধ্যে এক গুরুত্বপূর্ণ সমঝোতা চুক্তি স্বাক্ষরিত হয়েছে। ডিএইচএস কাছাড়-এর যুগ্ম পরিচালক সহ সদস্য সচিব ডা. শিবানন্দ রায় এবং কাছাড় কলেজের সহ-প্রধান মহামদ সামস উদ্দিন এই চুক্তিতে স্বাক্ষর করেন।

এই চুক্তির আওতায়, কাছাড় কলেজ জীবনামৃত উদ্যোগের অধীনে প্রতি চারমাস অন্তর রক্তদান শিবির আয়োজন করবে। পাশাপাশি স্বাস্থ্য দফতর কলেজ ক্যাম্পাসে আয়তন ভারত হেলথ অ্যাকাউন্ট (এবিএইচএ) তৈরি করার জন্য একটি বিশেষ কিয়দ স্থাপন করবে এবং স্বাস্থ্য শিবির ও সচেতনতামূলক কর্মসূচির জন্য প্রয়োজনীয় চিকিৎসা সহায়তা প্রদান করবে। এ উপলক্ষে কলেজের এনএসএস ইউনিট, লায়ন্স ক্লাব অব শিলচর লায়নেস এবং এসএম দেব সিভিল



হাসপাতালের বৌথ উদ্যোগে এক স্বেচ্ছায় রক্তদান শিবিরের আয়োজন করা হয়। এতে মোট ২৩ জন স্বেচ্ছাসেবক রক্তদান করেন। লায়ন্স ক্লাব অব শিলচর লায়নেস-এর সভাপতি ডা. ইন্দ্রাণী ভট্টাচার্য শিক্ষার্থীদের রক্তদানের গুরুত্ব সম্পর্কে সচেতন করেন ও তাদের উৎসাহিত করেন। এছাড়া এসএম দেব সিভিল হাসপাতালের চিকিৎসক ডা. অর্পিতা দেব, প্রযুক্তিগত সুপারভাইজার মি. ওয়াশিম জাবেদ চৌধুরী এবং অন্যান্য স্বাস্থ্যকর্মীরা

এই উদ্যোগকে সফল করতে গুরুত্বপূর্ণ ভূমিকা পালন করেন। রক্তদাতাদের মেডেল ও শংসাপত্র দিয়ে সম্মানিত করা হয়। কাছাড় কলেজের এনএসএস ইউনিটের প্রোগ্রাম অফিসার ডা. দীপ্যমান মোহান্ত জানান, এই উদ্যোগ কলেজে একটি শক্তিশালী রক্তদাতা কমিউনিটি গড়ে তুলতে সাহায্য করবে এবং শিক্ষার্থীদের সমাজসেবায় অংশ নিতে অনুপ্রাণিত করবে। যা জনস্বাস্থ্য সচেতনতা বৃদ্ধির এক গুরুত্বপূর্ণ পদক্ষেপ।

কাছাড় কলেজ ও জেলা স্বাস্থ্য সোসাইটির মধ্যে সমঝোতা চুক্তি

২৩ রক্তদাতাকে মেডেল, শংসাপত্র দিয়ে সম্মান

বার্তালিপি প্রতিবেদন, শিলচর, ১২ ফেব্রুয়ারি : জনস্বাস্থ্য সচেতনতা ও স্বাস্থ্যসেবা উদ্যোগকে এগিয়ে নিতে কাছাড় কলেজ এবং কাছাড় জেলা স্বাস্থ্য সোসাইটির মধ্যে এক সমঝোতা চুক্তি স্বাক্ষরিত হয়েছে। ডিএইচএস কাছাড়-এর যুগ্ম পরিচালক সহ সদস্য সচিব ডা. শিবানন্দ রায় এবং কাছাড় কলেজের সহ-প্রধান মোহাম্মদ সামস উদ্দিন এই চুক্তিতে স্বাক্ষর করেছেন। এই চুক্তির আওতায় কাছাড় কলেজ জীবনামৃত উদ্যোগের অধীনে প্রতি চারমাস পর পর রক্তদান শিবির আয়োজন করবে। পাশাপাশি স্বাস্থ্য দফতর কলেজ ক্যাম্পাসে আয়তন ভারত হেলথ অ্যাকাউন্ট (এবিএইচএ) তৈরি করার জন্য একটি বিশেষ কিয়দ স্থাপন করবে এবং স্বাস্থ্য শিবির ও সচেতনতামূলক কর্মসূচির জন্য প্রয়োজনীয় চিকিৎসা সহায়তা দেবে। এ উপলক্ষে কাছাড় কলেজের এনএসএস ইউনিট, লায়ন্স ক্লাব অব শিলচর লায়নেস এবং এসএম দেব



সিভিল হাসপাতালের বৌথ উদ্যোগে এক স্বেচ্ছায় রক্তদান শিবিরের আয়োজন করা হয়। এই উদ্যোগে মোট ২৩ জন স্বেচ্ছাসেবক রক্তদান করেন। রক্তদাতাদের মেডেল ও শংসাপত্র দিয়ে সম্মানিত করা হয়। পরে লায়ন্স ক্লাব অব শিলচর লায়নেসের সভাপতি ডা. ইন্দ্রাণী ভট্টাচার্য শিক্ষার্থীদের রক্তদানের গুরুত্ব সম্পর্কে সচেতন করেন ও তাদের উৎসাহিত করেন। কাছাড় কলেজের এনএসএস ইউনিটের প্রোগ্রাম অফিসার ডা. দীপ্যমান মোহান্ত জানান, এই

উদ্যোগ কলেজে একটি শক্তিশালী রক্তদাতা কমিউনিটি গড়ে তুলতে সাহায্য করবে এবং শিক্ষার্থীদের সমাজসেবায় অংশ নিতে অনুপ্রাণিত করবে, যা জনস্বাস্থ্য সচেতনতা বৃদ্ধির দিকে এক গুরুত্বপূর্ণ পদক্ষেপ। উল্লেখ্য, এই উদ্যোগকে সফল করতে যারা গুরুত্বপূর্ণ ভূমিকা পালন করেছেন তাঁরা হলেন এসএম দেব সিভিল হাসপাতালের চিকিৎসক ডা. অর্পিতা দেব, টেকনিক্যাল সুপারভাইজার ওয়াশিম জাবেদ চৌধুরী সহ অন্য স্বাস্থ্যকর্মীরা।

NSS REGULAR ACTIVITY 07

Name of the Event	WISDOM SCIENCE FAIR (On the occasion of National Science Day)
Organised by	NSS Cachar College Unit in association with Sucheta, Women's Cell , Cachar College and Co-Curricular and Extension Activity Cell of Cachar College, Silchar
Date, Time & Venue of the event	Date: 28 th February 2025 Time: 10 AM Venue: Masughat High School, Masughat, Silchar
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	Speaker 1: Dr. Shwetosmita Nath Assistant Professor Department of Botany, Cachar College, Silchar Speaker 2: Dr. Gayatri Ghosh Assistant Professor Department of Physics,
Activities	1. Science Project Exhibition and competition 2. Talk On National Science Day
Number of Students Participants (A) (attach attendance sheet)	47
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	17
Total Number of Participants (A+B)	64
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS Unit of Cachar College, in association with *Sucheta* (Women's Cell of Cachar College) and the Co-curricular and Extension Cell, celebrated National Science Day 2025 as “*WISDOM FAIR*” on 28th February (Friday) at Masughat High School. The programme featured a Science Exhibition and Competition jointly organized by *Sucheta*, NSS, and the Extension Cell. Volunteers of NSS played a pivotal role in the arrangements and management of the event.

The event began with a warm floral welcome by the students of Masughat High School, followed by a welcome address from Dr. Paramita Das, who highlighted the role of science in daily life and encouraged girls' participation in science education. Dr. Merina Islam stressed the importance of girls' education, while Dr. Padmashree Chakraborty spoke on gender inequality in science. Dr. Deepyaman Mohanta motivated students to pursue science as a path to empowerment and progress. The session concluded with Mr. Sajan Laskar, Teacher-in-Charge, appreciating the enthusiastic involvement of the students.

The Science Exhibition showcased innovative models prepared by the students of Masughat High School. The judging panel consisted of Dr. Shwetosmita Nath (Botany), Dr. Dipyaman Mohanta (Chemistry), Dr. Piyali Debnath (Mathematics), and Dr. Gayatri Ghosh (Physics) of Cachar College. They evaluated each project, interacted with participants, and scored the models based on creativity, scientific approach, and presentation.

In the second session, Dr. Shwetosmita Nath delivered an inspirational talk, motivating students to take up Science in higher education, especially highlighting opportunities in Botany. Dr. Gayatri Ghosh further enlightened the students about research prospects in science and career opportunities across premier institutions of India. Distinguished faculty members from Cachar College—Dr. L. Anupama Singha, Dr. Pushpalata Singha, Mr. Raju Brahma, Ms. Nayana Goswami, Ms. Georgina Khakhlari, Ms. Arpita Roy, and Dr. Maitri Manna—also graced the occasion with their presence.

The valedictory session witnessed the announcement of results and distribution of prizes and certificates to the winners by the esteemed guests. Ms. Runa Paul, teacher of Masughat High School, proposed the vote of thanks, while Ms. Payal Das, NSS volunteer and student of the Botany Department, successfully anchored the entire programme.

The “*WISDOM FAIR*” concluded with the message that such extension and collaborative activities not only enrich the spirit of National Science Day but also play a vital role in fostering scientific curiosity, awareness, and inclusivity in society.



Programme Officer
NSS, Cachar College Unit



Secretary-in-charge
Sucheta, Women's Cell
Cachar College, Silchar

Photographs:





Newspaper Report:

মাছুঘাট হাইস্কুলে জাতীয় বিজ্ঞান দিবস পালিত

গতি প্রতিবেদন, শিলচর, ৯ মার্চ : শুক্রবার কাছাড় কলেজের সুচেতা ওম্যান সেল, রাষ্ট্রীয় সেবা যোজনা (এনএসএস) এবং সহপাঠক্রমিক সম্প্রসারণ ইউনিটের যৌথ উদ্যোগে মাছুঘাট হাইস্কুলে পালিত হল জাতীয় বিজ্ঞান দিবস। অনুষ্ঠানের থিম ছিল ‘জ্ঞান বিজ্ঞান মেলা’। বিদ্যালয়ের ছাত্রছাত্রীর নিজস্ব উদ্ভাবনে তৈরি বিভিন্ন সামগ্রী নিয়ে একটি শিক্ষামূলক প্রতিযোগিতার আয়োজন করা হয় ওই অনুষ্ঠানে। প্রথমে কলেজের পক্ষ থেকে উপস্থিত সদস্যদের পুষ্পস্তবক দিয়ে অভ্যর্থনা জানান মাছুঘাট হাইস্কুলের ছাত্রীরা। সুচেতা সেলের সভাপতি ড. পারমিতা দাস স্বাগত বক্তব্য রাখেন। তিনি বলেন, আমাদের দৈনন্দিন জীবনে বিজ্ঞানের অবদান অপরিহার্য। তিনি বিজ্ঞান শিক্ষায় মেয়েদের অংশগ্রহণে উদ্বুদ্ধিত করেন। এরপর বক্তব্য রাখেন ড. মেরিনা ইসলাম। শিক্ষা ও কর্মক্ষেত্রে মেয়েদের এগিয়ে আসার জন্য আহ্বান জানান তিনি। ড. পদ্মশ্রী চক্রবর্তী বিজ্ঞান বিষয়ে পঠন পাঠনের ক্ষেত্রে নারী-পুরুষের বৈষম্যের বিষয়ে আলোকপাত করেন। এরপর ড. দীপ্যমান মোহান্ত সংক্ষিপ্ত বক্তব্য রাখেন। অনুষ্ঠান সঞ্চালনা করেন কাছাড় কলেজের বোটানি বিভাগের ছাত্রী পায়েল দাস। মাছুঘাট হাইস্কুলের ভারপ্রাপ্ত প্রধান শিক্ষক সাজান লস্কর বিজ্ঞান দিবসের কর্মসূচিতে ছাত্রছাত্রীর স্বতঃস্ফূর্ত অংশগ্রহণে খুশি ব্যক্ত করেন। প্রতিযোগিতায় বিচারকের ভূমিকায় ছিলেন ড. পিয়ালি দেবনাথ, ড. গায়ত্রী ঘোষ, ড. শ্বেতস্মিতা নাথ ও ড. দীপ্যমান মোহান্ত। ছাত্রছাত্রী বিজ্ঞানের বিভিন্ন বিষয়ে নানা মডেল তুলে ধরেন এই প্রদর্শনীতে।

NSS REGULAR ACTIVITY 08

Name of the Event	Celebration of International Women's Day 2025
Organised by	NSS Cachar College Unit, Gender Sensitisation Cell, Cachar College, NCC Cachar College in association with Jal Jeevan Mission, Assam (Public Health Engineering Department)
Date, Time & Venue of the event	Date: 8 th March 2025 Time: 10:30 AM Venue: Cachar College, Silchar
Name & Designation of Chief Guest/ Invited Speaker/ Resource Person (if any)	Deepanjan Paul, Assistant Chemist, PHE and Rubi Banik, CWC, PHE
Activities	<ol style="list-style-type: none"> 1. Awareness lecture on Sustainable Wash Practices and Personal Hygiene 2. Handson Training on Water Quality Assessment using Waster Testing Kit
Number of Students Participants (A) (attach attendance sheet)	29
Number of Teaching/ Nonteaching Staff Participants (B) (attach attendance sheet)	06
Total Number of Participants (A+B)	35
Source of Fund (if any)	College Fund
Photographs (Geotag)	Enclosed
Newspaper Cutting	Not Published

About the Event:

The NSS Unit of Cachar College, in collaboration with the Gender Sensitisation Cell, NCC Cachar College, and in association with the Jal Jeevan Mission, Assam (Public Health Engineering Department), celebrated International Women's Day on 8th March 2025 at Cachar College, Silchar. The programme commenced at 10:30 AM and was attended by faculty members, NSS and NCC volunteers, and students of the college.

The event aimed to highlight the theme of women's empowerment through health awareness, sanitation, and capacity building. The inaugural session began with words of welcome, setting the tone for a day dedicated to spreading awareness and practical knowledge on sustainable practices.

An awareness lecture on *Sustainable WASH (Water, Sanitation and Hygiene) Practices and Personal Hygiene* was delivered by Mr. Deepanjan Paul, Assistant Chemist, PHE, and Ms. Rubi Banik, CWC, PHE. The speakers emphasized the crucial role of women in promoting hygienic practices in families and communities. They also highlighted the importance of access to safe water, sanitation, and menstrual hygiene management as key to achieving gender equality and sustainable development goals.

Following the lecture, participants took part in a hands-on training session on Water Quality Assessment using a Water Testing Kit. This practical demonstration enabled students and volunteers to learn scientific methods for testing water quality and understanding its parameters.

The programme concluded with an interactive discussion, where students shared their reflections. The celebration not only marked International Women's Day but also empowered participants with knowledge and skills for promoting health, hygiene, and sustainability in society.



Programme Officer

NSS, Cachar College Unit

Photographs:



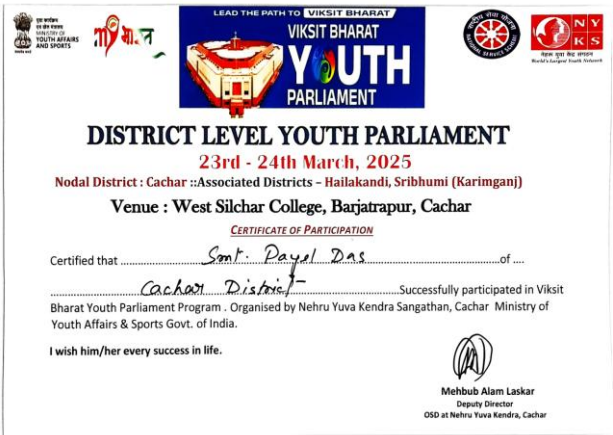
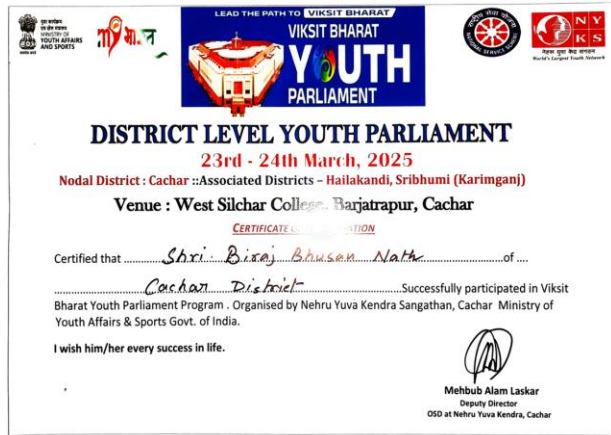
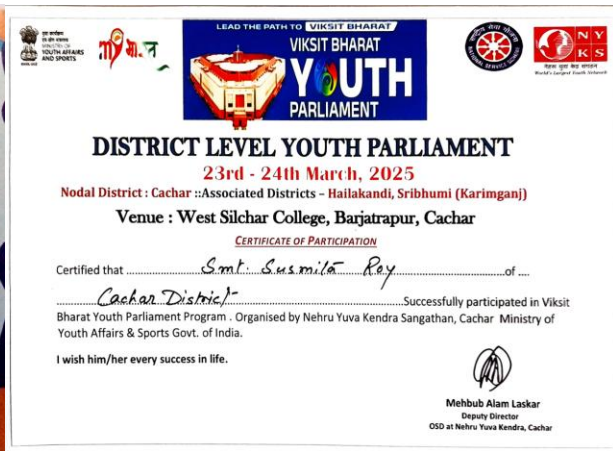
PARTICIPATION IN NATIONAL/ STATE LEVEL YOUTH FEST

The NSS Unit of Cachar College proudly acknowledges the enthusiastic involvement of its volunteers in various national and state-level youth festivals during the session. These engagements have greatly contributed to widening their perspectives, strengthening leadership qualities, and fostering the values of unity, service, and cultural harmony. In this regard, **Sushmita Roy** and **Swarnadeep Bhadra** participated in the North East NSS Festival 2024, hosted at Testo College, Nagaland, from 22nd to 26th July. The event was jointly organized by the State NSS Cell, Nagaland, the Regional Directorate of NSS, Guwahati, and the Ministry of Youth Affairs and Sports. Similarly, from 23rd to 27th September 2024, **Payel Das** represented NSS Cachar College, Silchar, at the North East NSS Festival organized by the Tripura State NSS Cell in collaboration with the Department of Youth Affairs and Sports, Government of Tripura. Furthermore, Sushmita Roy, Biraj Bhusan Nath, and Payel Das participated in the District Level Youth Parliament held at West Silchar College, Barjatrapur, Cachar, from 23rd to 24th March 2025. Their active engagement in this platform inspired them to contribute towards the vision of *Viksit Bharat @2047*, while also empowering and motivating them to become more responsible, informed, and dynamic citizens.

Participation in such platforms provided the volunteers with meaningful opportunities to interact with peers across the region, exchange ideas, and nurture a deeper sense of commitment to social service and national integration. These enriching experiences have not only shaped their journey as NSS volunteers but also inspired them to contribute more proactively to the community.

Certificates:





Photographs:



